



Mrs Jeanette Refalo | Assistant Principal Mission
Rising with Christ

School finishes for the term this week and when Term 2 begins, Easter will have been and gone, one could be tempted to think, without making a difference. We can easily get into a rut with our faith, not realising just how deeply the presence of Jesus has entered our being and transformed us to a new way of connecting with other people and our world. 'Me, changed, I don't think so?' I can hear you asking. Certainly, let us look at the ways. As Christians we believe:



That good can come out of bad. The power Jesus gave in defeating death is given to us. We are not defined or confined by the bad things that happen to us. We can turn them to good.

That prayer really makes a difference. The good desires I have for others can be offered to God and sent to surround and care for them – even if they are on the other side of the world.

That forgiveness is not only possible but desirable. When we hear stories of people who have forgiven those who have wronged them, we understand, we get it – even if we feel it might be beyond us.

That virtue is something we should work and strive toward. Yes, we want to be better because we believe we have been made for that.

These are the subtle ways; Jesus is alive in you. Let yourself be surprised this Easter by recognising and appreciating the new divine life that is rising in your hearts. May you recognise and appreciate the new divine life entering your being by allowing the life of Jesus to rise in our heart and life this Easter.

Mr David Paul | Assistant Principal Wellbeing
Big Ideas

All children will make mistakes as they grow up. At Catherine McAuley College we have processes in place to ensure students are supported when they do not meet the expectations of the school. It is also our responsibility as parents to ensure we support the process, so our children learn from their mistakes. We know a child's greatest chance of success comes when schools and parents work together to prepare them for their future. Please click the link below to access an article on *Behaviour as Teachable Moments*

[Positive Parenting 101](#)



Mr Jim Ford | Principal
Senior Education at CMC

Next year our first cohort of students progress into Year 10. This is the preparatory year of senior schooling. Although Year 10 is officially the final year of Prep to 10 National Curriculum, it is also the vital year for senior preparation in learning and planning for pathways into senior courses.

Joining Catherine McAuley College for the preparatory and senior phase, is an option that may be more broadly welcomed in the Mackay community. CMC leadership team is planning to expand our enrolment capacity with an extra class available to Year 10 students in 2025.

Students presently in Year 9 at other locations may be looking for a fresh alternative and appreciate the vibrant learning environment of CMC. Interested? – complete and submit the [Enrolment Enquiry](#) questions via our website.

Note: Students currently enrolled at CMC are unaffected by this extension.



Karlie Tatchell | Senior Regional Indigenous Education
Liaison Officer

Indigenous STEM Camp

"While most students will be enjoying their school holidays, Llandyn, a Year 9 student at the College, will be experiencing University life as he attends Griffith University's Indigenous STEM Camp. He will be learning about Science, Technology, Engineering and Maths with other First Nation students across Queensland. Llandyn wrote a fantastic application which was submitted along with his academic records to secure his placement. We are very proud of his achievements and look forward to hearing about his experiences."



Quote

"Pray for your portion of Easter Grace before the extra Treasury is closed. Pray fervently and constantly. Do not give up until all is given you."

Catherine McAuley



Sarah Krause | Teacher

Young Mayors

Congratulations to our Year 8 student Lily, who was selected as one of five representatives to travel to Canberra to participate in a Youth forum at the National Museum of Canberra. Earlier this term Young Mayor's Youth Council of Mackay called for applications from youth council members who wanted to travel to Canberra to meet with fellow Youth council members from around the country. Out of all the applicants, Lily was selected to travel to the National Museum of Canberra to participate in a forum with four other Mackay Youth council members to discuss important issues affecting the youth in our region. When Lily travelled down in Week 9, the main issues discussed at the forum included climate change, mental health and the cost of living. This was a rare and very special opportunity for Lily to participate in a national forum on issues impacting young people, to represent the community of Mackay and to share the priorities of Mackay young people. In doing this she actively participated in policy discussions with other young people and advocates in the field. We are very proud of her success in the Young Mayors model in backing young people to make change in Australian communities.



Mrs Kristy Flor | Counsellor

Holiday Contacts

Wellbeing relates to the whole person and the interconnectedness of the physical, cognitive, cultural, spiritual, social/emotional and psychological dimensions within

the person. The holidays can provide time to monitor our wellbeing, and balance these areas again, particularly after a busy school term. If support is required, please contact the following community Helplines and Resources.

In Term 2, the College Counsellor will be available Monday to Thursday, and can be contacted via email Kristy_Flor@rok.catholic.edu.au



Helplines/Resources

In an emergency: 000
Child & Youth Mental Health (24hr): 4968 3893
Lifeline (24hr): 13 11 14
Suicide Call Back Service (24hr): 1300 659 467
Kids Helpline (24hr): 1800 551 800
Headspace Mackay: 4898 2200
Parentline: 1300 301 300
Your local GP

Mr Andre Richards | Technologies Teacher

First of Many

Below are some of the first Year 9 students to complete their foldable chairs in our newly implemented technologies course.



Date Claimers Term 2

Monday 15 April – PEG Meeting 5:30pm
Tuesday 16 – Fri 19 April – Year 7 & 9 Camp and Year 8 Week
Saturday 20 April – Gospel Group singing at St Francis Church 6:00pm
Wednesday 24 April – ANZAC Day Assembly 11:40am
Wednesday 24 April – Board Meeting 7:00pm
Thursday 25 April – ANZAC Day holiday
Thursday 2 May – Student Led Conferencing 3:15pm
Monday 6 May – Labor Day Holiday
Tuesday 7 May – Student Led Conferencing 3:15pm
Wednesday 8 May – Uniform Committee Meeting 4:00pm
Wednesday 8 May – PEG Meeting 5:30pm
Wednesday 15 May – Board Meeting 7:00pm
Friday 17 May – CMC Sip & Paint
Saturday 18 May – Gospel Group singing at St Francis Church 6:00pm
Friday 31 May – Athletics Carnival (TBC) (Whole School Event)
Saturday 15 June – Gospel Group singing at St Francis Church 6:00pm
Thursday 20 June – Show Day Holiday
Friday 21 June – Student Free Day

Go For Gold Fund

Thank you to Go for Gold (Round 1 Funding – Sports Equipment), we are now on **target** with introducing Archery in HPE.

